

## Social-Emotional Learning

### Videos to Support Students in Grades 6-8

Video Title	Duration	Source	Discussion Questions
<b>“Empathy Can Change the World”</b>	2:23	Noah Couser	<ul style="list-style-type: none"> <li>• What is your personal definition of empathy?</li> <li>• Give an example of what it means to be empathetic.</li> <li>• Do you think empathy can change the world? Why or why not?</li> </ul>
<b>“Unsung Hero”</b>	3:05	Thai Life Channel	<ul style="list-style-type: none"> <li>• What does it mean to be “selfless?”</li> <li>• Share a time when you have done something to help others without thinking about what you might get in return.</li> <li>• What lesson is this video trying to teach?</li> </ul>
<b>“Do Animals have Empathy?”</b>	2:17	The Verge	<ul style="list-style-type: none"> <li>• How did the scientist conduct their experiment to see if animals can show empathy? What is their conclusion?</li> <li>• Do you think animals can be empathetic? Have you seen any examples of this in the real world?</li> <li>• What other feelings or emotions do you think animals experience?</li> </ul>
<b>“Social-Emotional Learning: What is SEL and Why SEL Matters”</b>	2:54	Committee for Children	<ul style="list-style-type: none"> <li>• Why is it important to learn about yourself and others socially and emotionally?</li> <li>• What are some positive ways to interact with others socially?</li> <li>• The video claims that learning SEL skills is as important as learning academics. Do you agree? Explain your viewpoint.</li> </ul>