

Social-Emotional Learning Videos to Support Students in Grades 6-8

Video Title	Duration	Source	Discussion Questions
“Empathy Can Change the World”	2:23	Noah Couser	<ul style="list-style-type: none"> • What is your personal definition of empathy? • Give an example of what it means to be empathetic. • Do you think empathy can change the world? Why or why not?
“Unsung Hero”	3:05	Thai Life Channel	<ul style="list-style-type: none"> • What does it mean to be “selfless?” • Share a time when you have done something to help others without thinking about what you might get in return. • What lesson is this video trying to teach?
“Do Animals have Empathy?”	2:17	The Verge	<ul style="list-style-type: none"> • How did the scientist conduct their experiment to see if animals can show empathy? What is their conclusion? • Do you think animals can be empathetic? Have you seen any examples of this in the real world? • What other feelings or emotions do you think animals experience?
“Social-Emotional Learning: What is SEL and Why SEL Matters”	2:54	Committee for Children	<ul style="list-style-type: none"> • Why is it important to learn about yourself and others socially and emotionally? • What are some positive ways to interact with others socially? • The video claims that learning SEL skills is as important as learning academics. Do you agree? Explain your viewpoint.