

## Professional Development Overview

To help educators gain skills and confidence in exploring disability awareness, Changing Perspectives offers professional development workshops for larger groups, including full faculty. Presentations focus on helping educators create inclusive learning environments that support all students.

**Workshops are 1-3 hours for \$750 or full-day sessions (3+ hours) for \$1,500; travel costs may apply.**

### Workshops

We work closely with schools to customize their workshops. Popular workshops include:

- **Empathy and Sympathy: What's the Difference?**

Empathy is recognized as one of the most important transferable skills. It is a driver for more meaningful and positive relationships. This workshop explores the difference between empathy and sympathy and the roles they play in nurturing connected and engaged learning communities. Educators will reflect on their own abilities to demonstrate empathy while gaining tools to explicitly teach empathy to their students through the lens of disability.

- **Where Do I Begin?**

In this group professional development session, Changing Perspectives presents five steps for initiating and guiding student discussions about disabilities and other sensitive topics. Through this workshop, educators gain valuable tools to use in their daily teaching practice. Awareness is the foundation for empathy. In order for students to achieve greater empathy, educators must be able to facilitate conversations about sensitive issues with their students confidently and effectively.

- **Building Inclusive Communities to Support Social-Emotional Growth**

Through honest discussion and reflection, this workshop helps school communities assess how their schools currently addresses social-emotional learning and inclusion for all students. We will identify not only barriers, but also existing supports and new strategies for building inclusive classrooms and learning communities.

***Have something different in mind for your school?*** We are happy to explore ideas for a customized Changing Perspectives workshop that will support your school in promoting awareness and inspiring empathy.